

11) Curcumin

Source : India, Bangladesh, Sri Lanka, Myanmar are widely cultivated in these countries.

Benefits - Curcumin is essential for kidney problems.

It acts as an antioxidant and antibiotic. It keeps the blood circulation system, nutrition system good. It controls hyperlipidemia, rheumatism and inflammation. It even helps prevent the growth of cancer cells.



12) Thistle

Source - Available in various countries in Europe and North America.

Benefits - Milk thistle is essential for the liver, digestive system and gallbladder. It aids digestion, controls diabetes, helps prevent hepatitis. It maintains the health of skin and bones as it contains extra calcium. It helps in detoxification.



13) Gymnema

Source - Found in various parts of India and Africa.

Benefits - It helps in insulin production and blood.

Helps regulate sugars. It regulates cholesterol and triglyceride levels. It lowers bad cholesterol (LDL) and increases good cholesterol (HDL). It helps in weight loss by reducing excess body fat.



14) Noni

Source - Found in Pacific Islands, South East Asia, Australia and India.

Benefits - It is rich in Potassium Magnesium Sodium Copper Zinc Iron Calcium Phosphorus Selenium, vitamins which are essential for our body to stay healthy and boost immunity. It is anti-cancer and very beneficial for gastric ulcers. It helps to heal cells damaged by smoking. It helps reduce joint pain, depression and unwanted fat.



15) Arjun

Origin- India, Bangladesh, Pakistan and Sri Lanka are the original home of Arjuna. Arjun trees are more or less found in most regions of Bangladesh.

Benefits - Arjuna tree is an evergreen tree, one of the major medicinal plants. Its use lowers high blood pressure. Lowers triglyceride levels. Lowers cholesterol, helps open clogged arteries. Used to increase hair strength. Very beneficial in excess fat problem. Very effective in removing skin problems. Very effective in removing urinary obstruction.



16) Punarnava

Source - Punarnava is found in south and west of India. It is also found in Australia in the east of Asia.



Benefits - Punarnava is a very beneficial herb that helps in controlling diabetes. Because its extract controls the level of glucose present in the body. Replenishment helps increase plasma insulin levels. The use of punarnava in insomnia is very beneficial. Rejuvenates the body by detoxifying the body and nourishing the cells.



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Read carefully

Every person in today's world is prone to various diseases due to the weakness of the immune system and daily life in the body, burden of huge amount of toxins. Let's be clear. From birth we take three things into our body, 1) Water 2) Air 3) Food. Today's filtered water is so sterile that it contains no minerals. Which is of no use to the body. Totally dead water, only Testa Nibaran. Then there is the pollution caused by vehicles, factories in air-cities, in villages where agriculture is done, so many chemical fertilizers and pesticides are applied that their fibers are spread in the air. As a result of which our respiratory system becomes weak, for that the blood is polluted. Next, food - just think about how much of everything we eat these days, the chemical drugs, pesticides that are applied on everything to increase the organic yield enter our body, poison accumulates in the cells, later diabetes, blood pressure increase. , suffer from long term diseases like cancer, liver, thyroid, kidney, arthritis, piles prostate. Now the question is this

How do we get rid of the problem Here is the only solution 'Dipargo' it is a super food supplement which completely removes accumulated toxins from our body through urination and defecation and in-active body.

Rejuvenates the cells. As a result, any of our health related problems are gradually solved. Yoloti is one of its capsules made in unique formula by world famous herbal. Herbal pills are – Mangosteen (Queen of Fruits), Macaroot, Siberian Ginseng, Elderberry, Raspberry, Blackcurrant, Sour Cherry, Ganoderma Lucidum, Sigru, Amlaki, Curcumin, Milk Thistle, Gymnema, Noni, Arjuna, Punarnabha. Speaking of each of them, this small range is very insignificant. To inquire about these sixteen herbals and dipargo contact the phone number mentioned in this paper.

1) Mangosteen

Sources - Mangosteens are mainly found in Southeast Asia, Indonesia, Malaysia, Sumatra, Mainland and Philippines.

Benefits - Mangosteen is highly nutritious, promotes muscle building, wound healing, and nerve function. Being rich in antioxidants, vitamins and fiber, it increases the body's immune system, regulates blood sugar levels, keeps the digestive system healthy, keeps the brain fresh, and removes skin problems. Xanthones (phytonutrients) present in mangosteen are very beneficial and have the ability to eliminate and destroy cancer cells. Mangosteen lowers bad cholesterol (LDL) and triglycerides and helps increase good cholesterol (HDL).



2) Maca Root

Source - Macaroot is found mainly in the highlands of central Peru goes It is also found in some parts of Bolivia and Brazil.

Benefits - Increases fertility, helps in sperm production in men. Relieves menopausal symptoms in women. Increases brain stability. Relieves mental restlessness and stress, deepens sleep and increases memory power. It prevents enlargement of the prostate. Fixes the hormonal balance of the body.

3) Elderberry

Source - Elderberry is found in various countries of North America and Europe goes

Benefits - It is full of different types of antioxidants and increases the body's immunity. It helps in reducing body weight by shedding unwanted body fat. Useful for fever, cold, cough during change of season, also protects from all kinds of allergies. Useful in dysentery.



4) Siberian Ginseng

Source – The main source of Siberian ginseng is Russia.

Benefits - It protects against viral infections. Increases the immunity of the body. Bhishan is beneficial for erectile dysfunction and diabetes. Increases plasma lipids and promotes secretion of testosterone, follicle stimulating hormone (FSH) and luteinizing hormone (LH).

5) Raspberry

Source - Found in northern European countries, United States, Canada and some countries in East Asia.

Benefits - Raspberries are rich in potassium which keeps the heart healthy, regulates blood pressure. As it contains omega-3 fatty acids, it protects against stroke and heart disease, it has a lot of manganese, fiber, so it increases bone strength, keeps skin healthy, regulates blood sugar levels, regulates blood pressure. It protects from the sun's ultraviolet rays. It is high in antioxidants, which protect cells from damage caused by free radicals. It also has a special role in preventing cancer. It is very beneficial for Alzheimer's disease, rheumatism, gout etc.



6) Black Current

Source - Bloodhack current is mainly found in Northern and Central European countries. Black current is also found in some countries in the northern part of the Asian continent goes

Benefits - It is rich in gamma linolenic acid (GLA) and anthocyanin which prevents joint pain, muscle pain, stiffness and bone damage. It increases the immunity of the body due to its high amount of vitamins and antioxidants. It is very beneficial for the digestive system, liver and kidneys.

7) Sour Cherry

Source - Various countries of Europe and south of the Asian continent Found in the west.

Benefits - It regulates blood pressure, protects against dehydration, maintains muscle health, maintains nerve activity, aids digestion, regulates Ph balance in the body, helps reduce arthritis pain, helps reduce uric acid, helps sleep. It prevents the growth of cancer.



8) Ganoderma Lucidum

Source - Ganoderma lucidum is found in Europe, America and China.

Benefits - It is very beneficial for pancreatitis and hepatitis. It keeps liver, kidney and lungs healthy. It keeps the heart healthy and regulates blood sugar. It inhibits cancer cell adhesion and cell migration. It protects from harmful radiation which is very necessary in today's age. Ganoderma lucidum is called the body's natural (cancer).

9) Sigru

Source - Sigru is found in different regions of India. Also found in Pakistan, Bangladesh and Africa.

Benefits - Ayurveda scriptures mention the benefits of Siguru in the Vedic period. It removes anemia, keeps circulatory system healthy, regulates blood pressure. It increases the number and quality of sperm in men. It relieves arthritis, joint pain, rheumatism, constipation. It is rich in calcium and magnesium which keeps teeth and bones healthy. It improves eyesight, helps respiration and digestion. It acts as antibiotic, antibacterial and anti inflammatory. It protects the body from the harmful effects of arsenic and helps the body get rid of toxins. It increases the immunity of the body.



10) Amla

Source – Amla is found in abundance in India, Sri Lanka, Bangladesh, Myanmar and China.

Benefits - Rich in vitamin 'C' phenols dietary fiber and antioxidants, which help maintain proper liver, heart, brain and lung function. It regulates blood sugar levels, relieves inflammation, regulates blood lipid and lipoprotein levels, kills germs, maintains liver health. It works as a very good antioxidant and antibiotic. It protects us from cold, cough, throat infection, fever and even tuberculosis and helps in hair growth.

৮। গ্যানোডার্মা লুসিডাম (Ganoderma Lucidam)

উৎস - ইউরোপ, আমেরিকার ও চীন দেশে গ্যানোডার্মা লুসিডাম

পাওয়া যায়।

উপকারিতা - ইহা বংক্রাইটিস ও হেপাটাইটিসের জন্য ভীষন উপকারি। ইহা লিভার, কিডনী ও ফুসফুসকে সুস্থ রাখে। ইহা হৃদযন্ত্রকে সুস্থ রাখে এবং ব্লাড সুগার নিয়ন্ত্রন করে। ইহা ক্যানসার সেলের সংযোজন ও সেল মাইগ্রেশনকে দমন করে। ইহা ক্ষতিকারক রেডিয়েশান থেকে রক্ষা করে যা বর্তমান যুগে অত্যন্ত প্রয়োজনীয়। গ্যানোডার্মা লুসিডাম কে শরীরের Natural (canner) বলা হয়।

৯। সিগরু (Sigru)

উৎস - ভারতের বিভিন্ন অঞ্চলে সিগরু পাওয়া যায়। এছাড়া পাকিস্তান,

বাংলাদেশ ও আফ্রিকাতে পাওয়া যায়।

উপকারিতা - বৈদিক যুগে আয়ুর্বেদ শাস্ত্রে সিগরুর উপকারীতা উল্লেখ করা আছে। ইহা রক্তাশ্রিতা দূর করে, সংবহনতন্ত্রকে সুস্থ রাখে, রক্তচাপ নিয়ন্ত্রন করে। ইহা পুরুষের শুক্রানুর সংখ্যা ও গুণগতমান বৃদ্ধি করে। ইহা আর্থারাইটিস, জয়েন্টে ব্যাথা, বাত, কোষ্ঠকাঠিন্যতা দূর করে। এতে প্রচুর পরিমাণে ক্যালসিয়াম ও ম্যাগনেশিয়াম থাকায় দাঁত ও হাড় ভালো থাকে। ইহা চোখের দৃষ্টিশক্তি বৃদ্ধি, শ্বসন ও হজমে সহায়তা করে। ইহা অ্যান্টিবায়োটিক, অ্যান্টিব্যাাক্টেরিয়াল ও অ্যান্টি ইনফ্লুমাটোরী হিসাবে কাজ করে। ইহা শরীরকে আসেনিকের ক্ষতিকারক প্রভাব থেকে রক্ষা করে এবং শরীরকে টক্সিন মুক্ত করতে সাহায্য করে। ইহা শরীরের রোগ প্রতিরোধ Simmunity) ক্ষমতা বৃদ্ধি করে।

১০। আমলকি (Amla)

উৎস - ভারতবর্ষ, শ্রীলঙ্কা, বাংলাদেশ, মায়ানমার ও চীনে আমলকি

প্রচুর পরিমাণে পাওয়া যায়।

উপকারিতা - প্রচুর পরিমাণে ভিটামিন 'C' ফেনোলস ডায়েটরি ফাইবার ও অ্যান্টিঅক্সিডেন্ট রয়েছে, যা যকৃত, হৃদপিণ্ড, মস্তিষ্ক এবং ফুসফুসের কার্যকারিতা সঠিকভাবে বজায় রাখতে সহায়তা করে। ইহা রক্তে শর্করার পরিমাণ নিয়ন্ত্রন করে, জ্বালা-যন্ত্রনা নিবারন করে, রক্তের লিপিড ও লাইপ্রোটিনের মাত্রা নিয়ন্ত্রন করে, জীবানু নাশ করে, যকৃতের সুস্থতা বজায় রাখে। ইহা খুব ভালো অ্যান্টিঅক্সিডেন্ট ও অ্যান্টিবায়োটিক হিসাবে কাজ করে। ইহা সর্দি, কাশি, গলায় ইনফেকশন, জ্বর এমনকি যক্ষা থেকেও আমাদের রক্ষা করে এবং চুলের বৃদ্ধিতে সহায়তা করে।